

Let's Teach bored

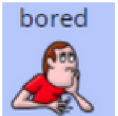
I feel so **BORED!**

It's okay to feel **BORED**. In fact, it's good for all of us to learn to how to find things to do when we are **BORED**. You can teach the word **BORED** when these situations arise, labeling the emotion, "You feel **BORED** right now. Let's find something to do."



FIND

Find the word in the vocabulary. **BORED** is an adjective. If you can't find **BORED**, use the Word Finder feature to learn where it is. If it is not in the vocabulary, you may want to add it.



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INTRODUCE

Use **BORED** in context and try to explain it at the learner's level. Modeling, touching the word in the vocabulary as you say it, may help. Here's an example: "**BORED** is when you feel tired or are not interested in something."



MODEL

Model the word throughout the day, touching **BORED** in the vocabulary anytime you say it.

"You look **BORED**."

"She says that TV makes her **BORED**."

"Yesterday we were **BORED**." "He feels **BORED**."

"I've never been so **BORED**."



ENCOURAGE

Create activities to provide lots of models and practice with **BORED**

Book: I'm **BORED** by Michael Ian Black

Game: Guess that emotion. Act out emotions and add **BORED** into the list.

Activity: Create a **BORED** jar. Add notes of things "to do" to keep busy.



EXPECT

Create opportunities for the learner to say the word. Make sure to wait and look at them so they know it is expected.

Create a **BORED** book. Draw pictures, add photos, or cut/paste magazine clippings of things that make you **BORED**.

