Active with AAC

prc-saltillo

Cooking/Baking

Cooking, or baking, is a fun and functional way to spend time with your child/client. And as a bonus, at the end, you get to enjoy eating what you made together! Take a look at all the things you can say and model while cooking. Enjoy!

Core Words

Do	Stop
Get	I
Give	You
Help	We
Like	More
Look	In
Make	That
Need	How
Put	Yummy

Material

Recipe	Child/client
Ingredients	You
	AAC System

Model It on the AAC System

Modeling on your child's AAC system is just "talking" using his/her language! When you say a word with your voice, also say it using your child's voice. Take time to learn about the organization of your child's language. Use Word Finder, a helpful tool, to remember where to find words.
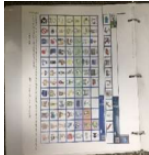
finder word

Find Word

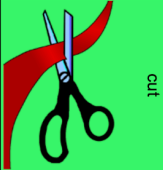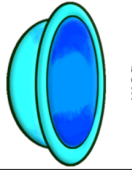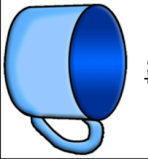| Reasons to Communicate	One Word	Two Words	Three(+) Words
Getting Wants/Needs Met (*requesting objects/ activities/permission/ attention, etc. directing action/to stop, request help*)	Do Make Put Help Need In More Get	Get it Put in Need that Help me Give me Get more Put more Do it	Put it in Put in more Help me do it I need more I need that Put in that Need more that Give it to me
Exchange Information (*share and show objects, confirm/deny, request information, etc.*)	Like Need I You We Put Stop Give More? How Make	We make How much? We need Put in Give it Need help? Need more? Need it Like it You do Look it	We are making How much need? How is it? Put it in Put in more Do you need help? Do you need more? I like it You can stop it We make that It looks good!
Social Closeness/Etiquette (*greet, take turns, comment, etc.*)	I You We Like Turn Do Good Yummy In	I like It in We make Like it My turn I do You do It good It yummy	I like it! I do it You do it I put it in You did it It looks good It is good! It is yummy! We make it

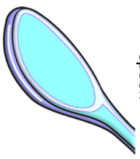### Tips to Engage, Expand, and Succeed:

- Depending on your child/client and the recipe, it might be safest to use a low-tech board to keep the AAC device protected from liquids or other accidents while cooking. You can download low-tech boards here: AAC Language Lab
- There is a lot of language that occurs while cooking and baking! And there are many things you can focus on, such as:
  - Following directions: one step, two step, etc.
  - Concepts: in/out, a little/a lot, big/little, wet/dry, some, a few, etc.
  - Time/Ordinal Directions: first, next, then, last, etc.
  - Functional Tasks: numbers, measuring, etc.
- Cooking is a natural activity, so remember to keep your modeling and language natural. Try to avoid making the task all about requesting items or asking for more. o Instead, try using parallel talk. Talk about what you are doing. Share information on what needs to be done next. o Don't anticipate the AAC user's needs. Let them try and wait until they ask for help!

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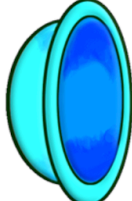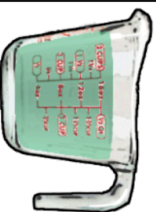Using a lite-tech communication board? Or need some choices to help you communicate during this activity?

The following strips can be used as choice boards or fringe vocabulary for the above activity. If you are using this as fringe vocabulary, you will need one of our lite-tech flip books or a single page communication board. These boards are available on our website. Download the boards here. You can add these strips to a flip book. Or, you can Velcro these to the top of a single page lite-tech core word board.

You can add this strip to a LAMP WFL, Unity 84, Unity 60 lite-tech system.

cut	stir			teaspoon	tablespoon	bowl	cup	spoon	knife	

You can add this strip to Unity 28 lite-tech system.

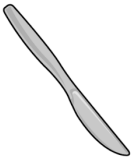| cut	stir						
knife	bowl	cup	spoon	teaspoon	tablespoon		

For WordPower Vocabularies

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