



I Can Be Healthy

1

Introduce the Unit and Key Vocabulary

Talk with students about what they will learn from the Unique Learning System Unit. Introduce key vocabulary to them using the descriptive teaching method.

Example: This unit explores the concept of being “healthy” and what it takes to stay healthy. You will identify what people need to survive and how healthy habits and practices will help them live better. What does that mean to you? Topic words that will be covered are body, exercise, grow, hair, hand, healthy, live, mouth, and nose. This unit will engage students in identifying and practicing appropriate health care routines. They will read about Hannah and her healthy habits. In *My Amazing Body and Me*, students will read about Colin’s body and what it needs to live and grow. In the library, there are several books to talk about senses, food, vegetables, and what our body parts do.

Read Passages While you TAAP

As you read the passages within each unit with students, remember to

TAAP: Talk about it, Ask a question, Acknowledge via response, and

Propel the conversation or Predict!

(View the TAAP resource on the AAC Language Lab to learn more about the TAAP strategy!)

2

Sample TAAP words/phrases:

Talk About It	Ask Questions	Acknowledge via Response	Propel the Conversation or Predict
exercise food water wants vs. needs diet	What are some ways to keep yourself healthy? What do you need to do on a daily basis? What do our body parts do for us?	I agree Nailed it! Good job You got it nice work	Tell me more and what else? What’s next another idea? I think...



3

Talk About What you Learned

Summarize the unit with students and talk about what they learned. Ask open-ended questions to discuss what everyone thought, and to get them thinking about and reflecting on what they read.

Sample questions for discussion:

What did you learn about being healthy? What can you do to keep yourself healthy? Is being healthy just about eating right? What else is it about? What are some other healthy habits that you can do? What can you do with a friend? What do you need in order to grow bigger and stronger? How much exercise do you need each day? What is your favorite exercise to do? What does your family/ friends do to exercise? How can you make a healthy choice?

Discussion for Comprehension

4

After reading and summarizing the unit with students, use descriptive testing to further discuss the students' understanding of the unit or passage. Pose questions in a way that allows the student to answer the question using any word on their device.

Sample Descriptive Testing Questions and responses:

What are some healthy habits that you learned about in this unit?	What are some things that our body needs to stay healthy?	What are your five senses and how do you use them?
<ul style="list-style-type: none"> • washing your face and hands • keeping clothes clean • eating fruit and vegetables • brush your teeth • get exercise 	<ul style="list-style-type: none"> • eat food with our mouth • breath in oxygen through our nose • drink plenty of water • water helps my body • exercise like run, lift, and jump 	<ul style="list-style-type: none"> • sight/ eye to find where we are • hear/ ears to listen • touch/ hands to feel and hold • taste/ mouth to taste • smell/ nose to smell