

## Stress Awareness Month – Words for Life Sequence

feel	feel	feel		
change	have ©	CHANGE ② ② ③ ③	change © ©	
eat	eat	eat		
talk	talk O	talk		
sleep	sleep	sleep		
work	work	work		
sometimes	some	sometime	+s	
sad	feel	sad		
less	more II.I	LESS	less	

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better	good	better +er	
worried	feel	worried	
frustrated	feel	frustrated	
happy	feel	happy	
healthy	help	HEALTHY	healthy
April	time	CALENDAR	April
school	go	school	
feelings	feel	feelings	
home	live	home	

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friend	follow	friend	
everyone	hear E	everyone	
food	eat A	food	
school	go	school	

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